



LMP Noskrien ziemu 1.posms SĒJĀ  
SĒJĀ / 17.12.2017

Detailed evaluation

Rasma Čoiča

Club: ASK PATRIA

Number: 6

Course: 10.00 km

Tautas distance

Category:

S1-Tautas distance

Total time: 50:55

Speed: 11.78 km/h

Running performance: 5.09 min/km

Rank in course/Total: 63 (of 256)

Rank in course/Women: 9 (of 116)

Best time in course: 42:28

Rank in category: 6(of 42)

Best time in the category: 42:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women
1	-	10:50	-	5	2:03	7	2:03	-	10:50	-	5	2:03	7	2:03
2	-	17:05	-	6	2:37	8	2:37	-	27:55	-	6	4:40	9	4:40
3	-	4:06	-	8	0:33	12	0:33	-	32:01	-	6	5:13	9	5:13
4	-	11:57	-	6	1:46	9	1:46	-	43:58	-	6	6:59	9	6:59
Finish	-	6:57	-	7	1:28	13	1:28	10.00	50:55	-	6	8:27	9	8:27