



LMP Noskrien ziemu 1.posms SĒJĀ  
SĒJĀ / 17.12.2017

Detailed evaluation

Roberts Ziediņš

Number: 370

Course: 20.10 km  
Sporta distance

Category:  
V1-Sporta distance

Total time: 2:00:46

Speed: 9.99 km/h  
Running performance: 6.01 min/km

Rank in course/Total: 112 (of 157)

Rank in course/Men: 90 (of 117)

Best time in course: 1:13:37

Rank in category: 26(of 31)

Best time in the category: 1:13:37

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1	-	14:58	-	28	6:44	103	6:44	-	14:58	-	28	6:44	103	6:44
2	-	19:38	-	29	7:29	96	7:29	-	34:36	-	29	14:11	100	14:11
3	-	4:50	-	27	1:58	96	1:58	-	39:26	-	28	16:09	99	16:09
4	-	13:31	-	26	4:53	85	4:53	-	52:57	-	26	21:00	94	21:00
5	-	7:23	-	25	2:34	78	2:34	-	1:00:20	-	26	23:34	90	23:34
1	-	14:42	-	28	6:52	103	6:52	-	1:15:02	-	27	30:26	92	30:26
2	-	19:47	-	26	7:27	87	7:27	-	1:34:49	-	26	37:53	91	37:53
3	-	4:43	-	26	1:47	87	1:47	-	1:39:32	-	26	39:40	91	39:40
4	-	13:57	-	25	5:19	86	5:19	-	1:53:29	-	26	44:59	90	44:59
Finish	-	7:17	-	24	2:16	76	2:16	20.10	2:00:46	-	26	47:09	90	47:09