



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Oskars Damroze

Club: Suunto Team Latvia
Number: 348

Course: 20.10 km
Sporta distance

Category:
V1-Sporta distance

Total time: 2:09:31

Speed: 9.31 km/h
Running performance: 6.44 min/km

Rank in course/Total: 131 (of 157)

Rank in course/Men: 104 (of 117)

Best time in course: 1:13:37

Rank in category: 29(of 31)

Best time in the category: 1:13:37

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1	-	12:57	-	22	4:43	73	4:43	-	12:57	-	22	4:43	73	4:43
2	-	20:10	-	30	8:01	102	8:01	-	33:07	-	25	12:42	85	12:42
3	-	4:45	-	25	1:53	87	1:53	-	37:52	-	25	14:35	85	14:35
4	-	16:57	-	31	8:19	115	8:19	-	54:49	-	30	22:52	103	22:52
5	-	7:43	-	28	2:54	90	2:54	-	1:02:32	-	30	25:46	100	25:46
1	-	14:54	-	29	7:04	104	7:04	-	1:17:26	-	30	32:50	105	32:50
2	-	22:40	-	30	10:20	110	10:20	-	1:40:06	-	29	43:10	105	43:10
3	-	5:24	-	29	2:28	104	2:28	-	1:45:30	-	29	45:38	105	45:38
4	-	15:42	-	29	7:04	104	7:04	-	2:01:12	-	29	52:42	104	52:42
Finish	-	8:19	-	28	3:18	96	3:18	20.10	2:09:31	-	29	55:54	104	55:54