



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Renārs Indriksons

Club: ASK PATRIA SPORTLAND

Number: 130

Course: 10.00 km

Tautas distance

Category:

V1-Tautas distance

Total time: 40:49

Speed: 14.70 km/h

Running performance: 4.08 min/km

Rank in course/Total: 5 (of 256)

Rank in course/Men: 5 (of 140)

Best time in course: 37:16

Rank in category: 3(of 54)

Best time in the category: 37:55

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1	-	8:35	-	7	0:40	10	0:40	-	8:35	-	7	0:40	10	0:40
2	-	13:51	-	6	1:09	9	1:09	-	22:26	-	6	1:42	9	1:42
3	-	3:17	-	3	0:09	4	0:09	-	25:43	-	6	1:46	9	1:47
4	-	9:46	-	4	0:44	7	0:58	-	35:29	-	3	2:30	5	2:45
Finish	-	5:20	-	2	0:24	6	0:48	10.00	40:49	-	3	2:54	5	3:33