



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Anda Zandberga

Club: Nūtona žubītes
Number: 416

Course: 10.00 km
Tautas distance

Category:
S1-Tautas distance

Total time: 53:02

Speed: 11.31 km/h
Running performance: 5.30 min/km

Rank in course/Total: 85 (of 256)
Rank in course/Women: 14 (of 116)
Best time in course: 42:28

Rank in category: 8(of 42)
Best time in the category: 42:28

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
1	-	12:08	-	14	3:21	21	3:21	-	12:08	-	14	3:21	21	3:21
2	-	17:35	-	8	3:07	12	3:07	-	29:43	-	9	6:28	15	6:28
3	-	4:05	-	6	0:32	10	0:32	-	33:48	-	9	7:00	15	7:00
4	-	12:24	-	7	2:13	13	2:13	-	46:12	-	8	9:13	14	9:13
Finish	-	6:50	-	6	1:21	11	1:21	10.00	53:02	-	8	10:34	14	10:34