



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Jānis Zvaigznītis

Club: JS DREAM TEAM

Number: 818

Course: 10.00 km

Tautas distance

Category:

V1-Tautas distance

Total time: 41:40

Speed: 14.40 km/h

Running performance: 4.17 min/km

Rank in course/Total: 8 (of 256)

Rank in course/Men: 8 (of 140)

Best time in course: 37:16

Rank in category: 5(of 54)

Best time in the category: 37:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
1	-	8:57	-	10	1:02	15	1:02	-	8:57	-	10	1:02	15	1:02	
2	-	14:15	-	7	1:33	10	1:33	-	23:12	-	8	2:28	11	2:28	
3	-	3:31	-	7	0:23	10	0:23	-	26:43	-	7	2:46	10	2:47	
4	-	9:36	-	3	0:34	5	0:48	-	36:19	-	5	3:20	8	3:35	
Finish	-	5:21	-	3	0:25	7	0:49	10.00	41:40	-	5	3:45	8	4:24	