



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Dāvis Lapiņš

Club: Nacionālā aizsardzības akadēmija
Number: 136

Course: 10.00 km
Tautas distance

Category:
V1-Tautas distance

Total time: 44:50

Speed: 13.38 km/h
Running performance: 4.48 min/km

Rank in course/Total: 22 (of 256)

Rank in course/Men: 21 (of 140)

Best time in course: 37:16

Rank in category: 10(of 54)

Best time in the category: 37:55

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1	-	8:52	-	8	0:57	12	0:57	-	8:52	-	8	0:57	12	0:57
2	-	15:46	-	18	3:04	35	3:04	-	24:38	-	11	3:54	19	3:54
3	-	3:41	-	12	0:33	25	0:33	-	28:19	-	11	4:22	21	4:23
4	-	10:46	-	14	1:44	31	1:58	-	39:05	-	10	6:06	21	6:21
Finish	-	5:45	-	9	0:49	19	1:13	10.00	44:50	-	10	6:55	21	7:34