



LMP Noskrien ziemu 1.posms SĒJĀ  
SĒJĀ / 17.12.2017

Detailed evaluation

Jānis Valpuski

Number: 805

Course: 10.00 km  
Tautas distance

Category:  
V1-Tautas distance

Total time: 45:46

Speed: 13.11 km/h  
Running performance: 4.58 min/km

Rank in course/Total: 30 (of 256)

Rank in course/Men: 28 (of 140)

Best time in course: 37:16

Rank in category: 13(of 54)

Best time in the category: 37:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	Total km	Total Time			Pos Men	Behind Men	
1	-	9:59	-	18	2:04	37	2:04	-	9:59	-	18	2:04	37	2:04
2	-	15:36	-	13	2:54	27	2:54	-	25:35	-	17	4:51	34	4:51
3	-	3:39	-	9	0:31	20	0:31	-	29:14	-	17	5:17	32	5:18
4	-	10:36	-	11	1:34	23	1:48	-	39:50	-	13	6:51	27	7:06
Finish	-	5:56	-	15	1:00	29	1:24	10.00	45:46	-	13	7:51	28	8:30