



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Matīss Bajārs

Club: Nacionālā aizsardzības akadēmija
Number: 115

Course: 10.00 km
Tautas distance

Category:
V1-Tautas distance

Total time: 46:25

Speed: 12.93 km/h
Running performance: 4.64 min/km

Rank in course/Total: 37 (of 256)

Rank in course/Men: 34 (of 140)

Best time in course: 37:16

Rank in category: 16(of 54)

Best time in the category: 37:55

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1	-	10:01	-	19	2:06	39	2:06	-	10:01	-	19	2:06	39	2:06
2	-	15:43	-	14	3:01	31	3:01	-	25:44	-	19	5:00	37	5:00
3	-	3:53	-	22	0:45	44	0:45	-	29:37	-	19	5:40	37	5:41
4	-	11:00	-	16	1:58	36	2:12	-	40:37	-	17	7:38	35	7:53
Finish	-	5:48	-	11	0:52	22	1:16	10.00	46:25	-	16	8:30	34	9:09