



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Rihards Gailis

Club: Auseklis IK
Number: 127

Course: 10.00 km
Tautas distance

Category:
V1-Tautas distance

Total time: 46:35

Speed: 12.88 km/h
Running performance: 4.66 min/km

Rank in course/Total: 38 (of 256)

Rank in course/Men: 35 (of 140)

Best time in course: 37:16

Rank in category: 17(of 54)

Best time in the category: 37:55

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1	-	9:05	-	11	1:10	17	1:10	-	9:05	-	11	1:10	17	1:10
2	-	15:59	-	19	3:17	40	3:17	-	25:04	-	14	4:20	26	4:20
3	-	3:56	-	24	0:48	48	0:48	-	29:00	-	15	5:03	28	5:04
4	-	11:14	-	20	2:12	43	2:26	-	40:14	-	16	7:15	32	7:30
Finish	-	6:21	-	19	1:25	46	1:49	10.00	46:35	-	17	8:40	35	9:19