



LMP Noskrien ziemu 1.posms SĒJĀ  
SĒJĀ / 17.12.2017

## Detailed evaluation

### Gatis Štulbergs

Club: Maratona klubs/RIEKSTI  
Number: 159

Course: 10.00 km  
Tautas distance

Category:  
V1-Tautas distance

Total time: 49:15

Speed: 12.18 km/h  
Running performance: 4.93 min/km

Rank in course/Total: 51 (of 256)

Rank in course/Men: 46 (of 140)

Best time in course: 37:16

Rank in category: 21(of 54)

Best time in the category: 37:55

Intermediate times						Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
1	-	11:54	-	34	3:59	76	3:59	-	11:54	-	34	3:59	76	3:59	
2	-	16:23	-	23	3:41	48	3:41	-	28:17	-	29	7:33	60	7:33	
3	-	3:48	-	19	0:40	39	0:40	-	32:05	-	27	8:08	57	8:09	
4	-	11:06	-	18	2:04	40	2:18	-	43:11	-	23	10:12	50	10:27	
Finish	-	6:04	-	18	1:08	36	1:32	10.00	49:15	-	21	11:20	46	11:59	