



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Māris Sardiko

Club: VSK Noskrien/Team Kažemāka
Number: 153

Course: 10.00 km
Tautas distance

Category:
V1-Tautas distance

Total time: 49:32

Speed: 12.11 km/h
Running performance: 4.95 min/km

Rank in course/Total: 54 (of 256)

Rank in course/Men: 49 (of 140)

Best time in course: 37:16

Rank in category: 23(of 54)

Best time in the category: 37:55

Intermediate times						Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
1	-	11:16	-	30	3:21	64	3:21	-	11:16	-	30	3:21	64	3:21	
2	-	16:59	-	27	4:17	56	4:17	-	28:15	-	28	7:31	59	7:31	
3	-	3:51	-	20	0:43	42	0:43	-	32:06	-	28	8:09	58	8:10	
4	-	11:01	-	17	1:59	37	2:13	-	43:07	-	22	10:08	49	10:23	
Finish	-	6:25	-	21	1:29	49	1:53	10.00	49:32	-	23	11:37	49	12:16	