



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Paula Rozenvalde

Total time: 53:57

Number: 31

Speed: 11.12 km/h

Running performance: 5.40 min/km

Course: 10.00 km

Rank in course/Total: 90 (of 256)

Tautas distance

Rank in course/Women: 16 (of 116)

Best time in course: 42:28

Category:

Rank in category: 10(of 42)

S1-Tautas distance

Best time in the category: 42:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
1	-	11:44	-	11	2:57	17	2:57	-	11:44	-	11	2:57	17	2:57
2	-	18:24	-	9	3:56	16	3:56	-	30:08	-	10	6:53	16	6:53
3	-	4:13	-	11	0:40	16	0:40	-	34:21	-	11	7:33	17	7:33
4	-	12:34	-	9	2:23	16	2:23	-	46:55	-	10	9:56	16	9:56
Finish	-	7:02	-	9	1:33	16	1:33	10.00	53:57	-	10	11:29	16	11:29