



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Lauris Bajārūns

Total time: 51:45

Number: 116

Speed: 11.59 km/h

Running performance: 5.18 min/km

Course: 10.00 km

Rank in course/Total: 67 (of 256)

Tautas distance

Rank in course/Men: 58 (of 140)

Best time in course: 37:16

Category:

Rank in category: 27(of 54)

V1-Tautas distance

Best time in the category: 37:55

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1	-	11:42	-	33	3:47	74	3:47	-	11:42	-	33	3:47	74	3:47
2	-	17:18	-	29	4:36	62	4:36	-	29:00	-	32	8:16	67	8:16
3	-	3:58	-	25	0:50	49	0:50	-	32:58	-	32	9:01	67	9:02
4	-	12:08	-	25	3:06	60	3:20	-	45:06	-	28	12:07	63	12:22
Finish	-	6:39	-	25	1:43	60	2:07	10.00	51:45	-	27	13:50	58	14:29