



LMP Noskrien ziemu 1.posms SĒJĀ  
SĒJĀ / 17.12.2017

Detailed evaluation

Sandis Apenītis

Number: 114

Course: 10.00 km

Tautas distance

Category:

V1-Tautas distance

Total time: 54:13

Speed: 11.07 km/h

Running performance: 5.42 min/km

Rank in course/Total: 93 (of 256)

Rank in course/Men: 77 (of 140)

Best time in course: 37:16

Rank in category: 32(of 54)

Best time in the category: 37:55

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1	-	12:27	-	37	4:32	89	4:32	-	12:27	-	37	4:32	89	4:32
2	-	17:43	-	32	5:01	75	5:01	-	30:10	-	34	9:26	77	9:26
3	-	4:15	-	32	1:07	73	1:07	-	34:25	-	34	10:28	77	10:29
4	-	12:35	-	30	3:33	75	3:47	-	47:00	-	32	14:01	75	14:16
Finish	-	7:13	-	37	2:17	89	2:41	10.00	54:13	-	32	16:18	77	16:57