



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Agate Kristapsons

Club: ASK PATRIA SPORTLAND
Number: 17

Course: 10.00 km
Tautas distance

Category:
S1-Tautas distance

Total time: 54:44

Speed: 10.96 km/h
Running performance: 5.47 min/km

Rank in course/Total: 101 (of 256)

Rank in course/Women: 18 (of 116)

Best time in course: 42:28

Rank in category: 11(of 42)

Best time in the category: 42:28

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
1	-	11:41	-	10	2:54	16	2:54	-	11:41	-	10	2:54	16	2:54
2	-	18:27	-	11	3:59	18	3:59	-	30:08	-	10	6:53	16	6:53
3	-	4:11	-	10	0:38	14	0:38	-	34:19	-	10	7:31	16	7:31
4	-	12:57	-	13	2:46	20	2:46	-	47:16	-	11	10:17	17	10:17
Finish	-	7:28	-	14	1:59	22	1:59	10.00	54:44	-	11	12:16	18	12:16