



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Andis Ruskulis

Number: 152

Course: 10.00 km

Tautas distance

Category:

V1-Tautas distance

Total time: 55:03

Speed: 10.90 km/h

Running performance: 5.51 min/km

Rank in course/Total: 105 (of 256)

Rank in course/Men: 86 (of 140)

Best time in course: 37:16

Rank in category: 35(of 54)

Best time in the category: 37:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
1	-	12:38	-	39	4:43	91	4:43	-	12:38	-	39	4:43	91	4:43
2	-	18:34	-	38	5:52	89	5:52	-	31:12	-	40	10:28	92	10:28
3	-	4:21	-	36	1:13	82	1:13	-	35:33	-	39	11:36	91	11:37
4	-	12:24	-	27	3:22	66	3:36	-	47:57	-	35	14:58	85	15:13
Finish	-	7:06	-	36	2:10	84	2:34	10.00	55:03	-	35	17:08	86	17:47