



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Kristiāns Upenieks

Club: SK Tērauds/Suunto -2
Number: 161

Course: 10.00 km
Tautas distance

Category:
V1-Tautas distance

Total time: 57:43

Speed: 10.40 km/h
Running performance: 5.77 min/km

Rank in course/Total: 121 (of 256)

Rank in course/Men: 96 (of 140)

Best time in course: 37:16

Rank in category: 39(of 54)

Best time in the category: 37:55

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1	-	8:25	-	5	0:30	6	0:30	-	8:25	-	5	0:30	6	0:30
2	-	13:00	-	3	0:18	4	0:18	-	21:25	-	3	0:41	4	0:41
3	-	3:27	-	6	0:19	9	0:19	-	24:52	-	4	0:55	5	0:56
4	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-
Finish	-	32:51	-	53	27:55	139	28:19	10.00	57:43	-	39	19:48	96	20:27