



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Kristiāns Upenieks

Club: SK Tērauds/Suunto -2
Number: 161

Course: 10.00 km
Tautas distance

Category:
V1-Tautas distance

Total time: 57:43

Speed: 10.40 km/h
Running performance: 5.77 min/km

Rank in course/Total: 121 (of 256)

Rank in course/Men: 96 (of 140)

Best time in course: 37:16

Rank in category: 39(of 54)

Best time in the category: 37:55

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| 1 | - | 8:25 | - | 5 | 0:30 | 6 | 0:30 | - | 8:25 | - | 5 | 0:30 | 6 | 0:30 |
| 2 | - | 13:00 | - | 3 | 0:18 | 4 | 0:18 | - | 21:25 | - | 3 | 0:41 | 4 | 0:41 |
| 3 | - | 3:27 | - | 6 | 0:19 | 9 | 0:19 | - | 24:52 | - | 4 | 0:55 | 5 | 0:56 |
| 4 | - | fehlt! | - | - | - | - | - | - | - | - | - | - | - | - |
| Finish | - | 32:51 | - | 53 | 27:55 | 139 | 28:19 | 10.00 | 57:43 | - | 39 | 19:48 | 96 | 20:27 |