



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Lāsma Pometko

Number: 26

Course: 10.00 km

Tautas distance

Category:

S1-Tautas distance

Total time: 54:52

Speed: 10.94 km/h

Running performance: 5.49 min/km

Rank in course/Total: 103 (of 256)

Rank in course/Women: 19 (of 116)

Best time in course: 42:28

Rank in category: 12(of 42)

Best time in the category: 42:28

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| 1 | - | 11:53 | - | 12 | 3:06 | 19 | 3:06 | - | 11:53 | - | 12 | 3:06 | 19 | 3:06 |
| 2 | - | 18:34 | - | 12 | 4:06 | 19 | 4:06 | - | 30:27 | - | 13 | 7:12 | 19 | 7:12 |
| 3 | - | 4:30 | - | 14 | 0:57 | 21 | 0:57 | - | 34:57 | - | 13 | 8:09 | 19 | 8:09 |
| 4 | - | 12:42 | - | 10 | 2:31 | 17 | 2:31 | - | 47:39 | - | 12 | 10:40 | 19 | 10:40 |
| Finish | - | 7:13 | - | 12 | 1:44 | 19 | 1:44 | 10.00 | 54:52 | - | 12 | 12:24 | 19 | 12:24 |