



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Jēkabs Laizāns

Club: Čika un banijs
Number: 840

Course: 10.00 km
Tautas distance

Category:
V1-Tautas distance

Total time: 1:39:08

Speed: 6.05 km/h
Running performance: 9.91 min/km

Rank in course/Total: 254 (of 256)

Rank in course/Men: 140 (of 140)

Best time in course: 37:16

Rank in category: 54(of 54)

Best time in the category: 37:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
1	-	19:18	-	54	11:23	140	11:23	-	19:18	-	54	11:23	140	11:23	
2	-	32:11	-	54	19:29	140	19:29	-	51:29	-	54	30:45	140	30:45	
3	-	7:45	-	54	4:37	140	4:37	-	59:14	-	54	35:17	140	35:18	
4	-	26:33	-	52	17:31	138	17:45	-	1:25:47	-	52	52:48	138	53:03	
Finish	-	13:21	-	52	8:25	138	8:49	10.00	1:39:08	-	54	1:01:13	140	1:01:52	