



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Monika Sarva

Total time: 55:12

Number: 34

Speed: 10.87 km/h

Running performance: 5.52 min/km

Course: 10.00 km

Rank in course/Total: 107 (of 256)

Tautas distance

Rank in course/Women: 20 (of 116)

Best time in course: 42:28

Category:

Rank in category: 13(of 42)

S1-Tautas distance

Best time in the category: 42:28

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
1	-	11:37	-	8	2:50	14	2:50	-	11:37	-	8	2:50	14	2:50
2	-	18:58	-	14	4:30	21	4:30	-	30:35	-	14	7:20	20	7:20
3	-	4:29	-	13	0:56	20	0:56	-	35:04	-	14	8:16	20	8:16
4	-	12:47	-	11	2:36	18	2:36	-	47:51	-	13	10:52	20	10:52
Finish	-	7:21	-	13	1:52	21	1:52	10.00	55:12	-	13	12:44	20	12:44