



LMP Noskrien ziemu 1.posms SĒJĀ  
SĒJĀ / 17.12.2017

Detailed evaluation

Dmitrijs Ničipors

Club: SuuntoTeamLatvia I Inov8 I OSVeikals.lv  
Number: 402

Course: 20.10 km  
Sporta distance

Category:  
V2-Sporta distance

Total time: 1:22:12

Speed: 14.67 km/h  
Running performance: 4.09 min/km

Rank in course/Total: 8 (of 157)

Rank in course/Men: 8 (of 117)

Best time in course: 1:13:37

Rank in category: 3(of 55)

Best time in the category: 1:17:50

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1	-	8:35	-	2	0:01	5	0:21	-	8:35	-	2	0:01	5	0:21
2	-	13:50	-	4	1:04	9	1:41	-	22:25	-	3	1:01	8	2:00
3	-	3:15	-	3	0:15	8	0:23	-	25:40	-	3	1:16	8	2:23
4	-	9:42	-	5	0:37	11	1:04	-	35:22	-	3	1:53	8	3:25
5	-	5:25	-	3	0:22	8	0:36	-	40:47	-	3	2:15	8	4:01
1	-	8:48	-	4	0:20	9	0:58	-	49:35	-	3	2:35	8	4:59
2	-	13:54	-	2	0:43	7	1:34	-	1:03:29	-	3	3:18	8	6:33
3	-	3:12	-	3	0:06	8	0:16	-	1:06:41	-	3	3:24	8	6:49
4	-	9:42	-	5	0:20	10	1:04	-	1:16:23	-	3	3:44	8	7:53
Finish	-	5:49	-	10	0:38	18	0:48	20.10	1:22:12	-	3	4:22	8	8:35