



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Kristaps Jaudzems

Club: Saldus OK

Number: 388

Course: 20.10 km

Sporta distance

Category:

V2-Sporta distance

Total time: 1:23:14

Speed: 14.49 km/h

Running performance: 4.14 min/km

Rank in course/Total: 10 (of 157)

Rank in course/Men: 10 (of 117)

Best time in course: 1:13:37

Rank in category: 5(of 55)

Best time in the category: 1:17:50

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1	-	9:04	-	4	0:30	10	0:50	-	9:04	-	4	0:30	10	0:50
2	-	13:59	-	5	1:13	10	1:50	-	23:03	-	5	1:39	11	2:38
3	-	3:16	-	4	0:16	10	0:24	-	26:19	-	5	1:55	11	3:02
4	-	9:31	-	3	0:26	8	0:53	-	35:50	-	4	2:21	10	3:53
5	-	5:28	-	5	0:25	10	0:39	-	41:18	-	5	2:46	10	4:32
1	-	8:57	-	5	0:29	10	1:07	-	50:15	-	5	3:15	10	5:39
2	-	14:14	-	5	1:03	10	1:54	-	1:04:29	-	5	4:18	10	7:33
3	-	3:16	-	4	0:10	9	0:20	-	1:07:45	-	5	4:28	10	7:53
4	-	9:47	-	6	0:25	11	1:09	-	1:17:32	-	5	4:53	10	9:02
Finish	-	5:42	-	8	0:31	14	0:41	20.10	1:23:14	-	5	5:24	10	9:37