



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Ginta Bogdanova

Club: BKP

Number: 3

Course: 10.00 km

Tautas distance

Category:

S1-Tautas distance

Total time: 55:36

Speed: 10.79 km/h

Running performance: 5.56 min/km

Rank in course/Total: 108 (of 256)

Rank in course/Women: 21 (of 116)

Best time in course: 42:28

Rank in category: 14(of 42)

Best time in the category: 42:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
1	-	11:39	-	9	2:52	15	2:52	-	11:39	-	9	2:52	15	2:52
2	-	18:44	-	13	4:16	20	4:16	-	30:23	-	12	7:08	18	7:08
3	-	4:28	-	12	0:55	19	0:55	-	34:51	-	12	8:03	18	8:03
4	-	13:11	-	14	3:00	21	3:00	-	48:02	-	14	11:03	21	11:03
Finish	-	7:34	-	17	2:05	29	2:05	10.00	55:36	-	14	13:08	21	13:08