



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Aivis Zetmanis

Club: ASK PATRIA

Number: 426

Course: 20.10 km

Sporta distance

Category:

V2-Sporta distance

Total time: 1:32:36

Speed: 13.02 km/h

Running performance: 4.61 min/km

Rank in course/Total: 23 (of 157)

Rank in course/Men: 23 (of 117)

Best time in course: 1:13:37

Rank in category: 12(of 55)

Best time in the category: 1:17:50

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1	-	10:03	-	13	1:29	26	1:49	-	10:03	-	13	1:29	26	1:49
2	-	15:23	-	14	2:37	25	3:14	-	25:26	-	12	4:02	23	5:01
3	-	3:33	-	10	0:33	19	0:41	-	28:59	-	12	4:35	23	5:42
4	-	11:36	-	19	2:31	35	2:58	-	40:35	-	14	7:06	25	8:38
5	-	6:10	-	13	1:07	24	1:21	-	46:45	-	16	8:13	28	9:59
1	-	10:03	-	11	1:35	22	2:13	-	56:48	-	15	9:48	27	12:12
2	-	15:45	-	12	2:34	24	3:25	-	1:12:33	-	14	12:22	26	15:37
3	-	3:40	-	10	0:34	22	0:44	-	1:16:13	-	13	12:56	24	16:21
4	-	10:27	-	9	1:05	19	1:49	-	1:26:40	-	12	14:01	23	18:10
Finish	-	5:56	-	11	0:45	22	0:55	20.10	1:32:36	-	12	14:46	23	18:59