



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Pāvels Baikovs

Club: BeMoreAlive
Number: 374

Course: 20.10 km
Sporta distance

Category:
V2-Sporta distance

Total time: 1:34:36

Speed: 12.68 km/h
Running performance: 4.71 min/km

Rank in course/Total: 29 (of 157)

Rank in course/Men: 28 (of 117)

Best time in course: 1:13:37

Rank in category: 15(of 55)

Best time in the category: 1:17:50

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1	-	9:42	-	11	1:08	21	1:28	-	9:42	-	11	1:08	21	1:28
2	-	15:44	-	19	2:58	33	3:35	-	25:26	-	12	4:02	23	5:01
3	-	3:37	-	14	0:37	23	0:45	-	29:03	-	13	4:39	24	5:46
4	-	10:58	-	14	1:53	27	2:20	-	40:01	-	11	6:32	22	8:04
5	-	6:12	-	14	1:09	26	1:23	-	46:13	-	12	7:41	23	9:27
1	-	10:14	-	14	1:46	25	2:24	-	56:27	-	12	9:27	23	11:51
2	-	16:26	-	20	3:15	34	4:06	-	1:12:53	-	15	12:42	27	15:57
3	-	3:47	-	16	0:41	29	0:51	-	1:16:40	-	15	13:23	27	16:48
4	-	11:33	-	20	2:11	35	2:55	-	1:28:13	-	15	15:34	28	19:43
Finish	-	6:23	-	19	1:12	35	1:22	20.10	1:34:36	-	15	16:46	28	20:59