



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Andris Pārums

Club: VSK Noskrien
Number: 831

Course: 20.10 km
Sporta distance

Category:
V2-Sporta distance

Total time: 1:37:37

Speed: 12.35 km/h
Running performance: 4.86 min/km

Rank in course/Total: 35 (of 157)

Rank in course/Men: 32 (of 117)

Best time in course: 1:13:37

Rank in category: 18(of 55)

Best time in the category: 1:17:50

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1	-	12:02	-	31	3:28	58	3:48	-	12:02	-	31	3:28	58	3:48
2	-	15:35	-	17	2:49	31	3:26	-	27:37	-	21	6:13	39	7:12
3	-	3:51	-	19	0:51	33	0:59	-	31:28	-	20	7:04	38	8:11
4	-	11:09	-	15	2:04	28	2:31	-	42:37	-	17	9:08	34	10:40
5	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-
1	-	16:53	-	54	8:25	114	9:03	-	59:30	-	19	12:30	34	14:54
2	-	16:40	-	21	3:29	36	4:20	-	1:16:10	-	18	15:59	33	19:14
3	-	3:43	-	14	0:37	27	0:47	-	1:19:53	-	18	16:36	33	20:01
4	-	11:20	-	18	1:58	33	2:42	-	1:31:13	-	18	18:34	33	22:43
Finish	-	6:24	-	20	1:13	37	1:23	20.10	1:37:37	-	18	19:47	32	24:00