



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Ieva Marta Gintere

Number: 829

Course: 10.00 km

Tautas distance

Category:

S1-Tautas distance

Total time: 56:37

Speed: 10.60 km/h

Running performance: 5.66 min/km

Rank in course/Total: 112 (of 256)

Rank in course/Women: 22 (of 116)

Best time in course: 42:28

Rank in category: 15(of 42)

Best time in the category: 42:28

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
1	-	12:33	-	16	3:46	26	3:46	-	12:33	-	16	3:46	26	3:46
2	-	19:07	-	16	4:39	24	4:39	-	31:40	-	15	8:25	24	8:25
3	-	4:36	-	15	1:03	22	1:03	-	36:16	-	15	9:28	24	9:28
4	-	13:18	-	15	3:07	22	3:07	-	49:34	-	15	12:35	22	12:35
Finish	-	7:03	-	10	1:34	17	1:34	10.00	56:37	-	15	14:09	22	14:09