



LMP Noskrien ziemu 1.posms SĒJĀ  
SĒJĀ / 17.12.2017

Detailed evaluation

Raitis Jirgensons

Total time: 1:39:48

Number: 390

Speed: 12.02 km/h

Running performance: 4.97 min/km

Course: 20.10 km

Rank in course/Total: 43 (of 157)

Sporta distance

Rank in course/Men: 38 (of 117)

Category:

Best time in course: 1:13:37

V2-Sporta distance

Rank in category: 22(of 55)

Best time in the category: 1:17:50

Intermediate times						Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
1	-	12:23	-	32	3:49	65	4:09	-	12:23	-	32	3:49	65	4:09	
2	-	16:55	-	27	4:09	51	4:46	-	29:18	-	31	7:54	57	8:53	
3	-	4:17	-	34	1:17	59	1:25	-	33:35	-	31	9:11	57	10:18	
4	-	11:42	-	22	2:37	40	3:04	-	45:17	-	30	11:48	53	13:20	
5	-	6:36	-	22	1:33	41	1:47	-	51:53	-	30	13:21	53	15:07	
1	-	10:35	-	18	2:07	32	2:45	-	1:02:28	-	27	15:28	48	17:52	
2	-	16:07	-	15	2:56	29	3:47	-	1:18:35	-	25	18:24	42	21:39	
3	-	3:51	-	18	0:45	33	0:55	-	1:22:26	-	25	19:09	42	22:34	
4	-	11:08	-	15	1:46	28	2:30	-	1:33:34	-	23	20:55	40	25:04	
Finish	-	6:14	-	14	1:03	29	1:13	20.10	1:39:48	-	22	21:58	38	26:11	