



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Rihards Siņičins

Number: 412

Course: 20.10 km
Sporta distance

Category:
V2-Sporta distance

Total time: 1:40:05

Speed: 12.05 km/h
Running performance: 4.98 min/km

Rank in course/Total: 44 (of 157)

Rank in course/Men: 39 (of 117)

Best time in course: 1:13:37

Rank in category: 23(of 55)

Best time in the category: 1:17:50

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1	-	11:49	-	28	3:15	53	3:35	-	11:49	-	28	3:15	53	3:35
2	-	16:14	-	20	3:28	37	4:05	-	28:03	-	24	6:39	45	7:38
3	-	3:57	-	20	0:57	38	1:05	-	32:00	-	24	7:36	45	8:43
4	-	11:34	-	18	2:29	34	2:56	-	43:34	-	22	10:05	41	11:37
5	-	6:21	-	17	1:18	32	1:32	-	49:55	-	22	11:23	41	13:09
1	-	10:47	-	20	2:19	36	2:57	-	1:00:42	-	22	13:42	39	16:06
2	-	16:44	-	22	3:33	38	4:24	-	1:17:26	-	21	17:15	37	20:30
3	-	4:01	-	24	0:55	42	1:05	-	1:21:27	-	21	18:10	37	21:35
4	-	11:50	-	24	2:28	39	3:12	-	1:33:17	-	22	20:38	39	24:47
Finish	-	6:48	-	31	1:37	56	1:47	20.10	1:40:05	-	23	22:15	39	26:28