



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Māris Ādamsons

Number: 373

Course: 20.10 km
Sporta distance

Category:
V2-Sporta distance

Total time: 1:42:23

Speed: 11.78 km/h
Running performance: 5.09 min/km

Rank in course/Total: 53 (of 157)

Rank in course/Men: 47 (of 117)

Best time in course: 1:13:37

Rank in category: 28(of 55)

Best time in the category: 1:17:50

| Intermediate times | | | | | Stage score | | | | Total ranking | | | | | |
|--------------------|----------|------------|--------------|----------|-------------|---------|------------|----------|---------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| 1 | - | 11:07 | - | 22 | 2:33 | 40 | 2:53 | - | 11:07 | - | 22 | 2:33 | 40 | 2:53 |
| 2 | - | 16:36 | - | 22 | 3:50 | 42 | 4:27 | - | 27:43 | - | 22 | 6:19 | 40 | 7:18 |
| 3 | - | 4:05 | - | 24 | 1:05 | 46 | 1:13 | - | 31:48 | - | 23 | 7:24 | 41 | 8:31 |
| 4 | - | 11:48 | - | 24 | 2:43 | 43 | 3:10 | - | 43:36 | - | 23 | 10:07 | 42 | 11:39 |
| 5 | - | 6:36 | - | 22 | 1:33 | 41 | 1:47 | - | 50:12 | - | 23 | 11:40 | 42 | 13:26 |
| 1 | - | 11:09 | - | 25 | 2:41 | 45 | 3:19 | - | 1:01:21 | - | 24 | 14:21 | 42 | 16:45 |
| 2 | - | 17:34 | - | 30 | 4:23 | 50 | 5:14 | - | 1:18:55 | - | 27 | 18:44 | 45 | 21:59 |
| 3 | - | 4:14 | - | 34 | 1:08 | 61 | 1:18 | - | 1:23:09 | - | 27 | 19:52 | 45 | 23:17 |
| 4 | - | 12:17 | - | 33 | 2:55 | 60 | 3:39 | - | 1:35:26 | - | 28 | 22:47 | 47 | 26:56 |
| Finish | - | 6:57 | - | 34 | 1:46 | 63 | 1:56 | 20.10 | 1:42:23 | - | 28 | 24:33 | 47 | 28:46 |