



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Ivars Vēvers

Club: Vaļu glābšanas biedrība
Number: 814

Course: 20.10 km
Sporta distance

Category:
V2-Sporta distance

Total time: 1:44:30

Speed: 11.54 km/h
Running performance: 5.20 min/km

Rank in course/Total: 59 (of 157)

Rank in course/Men: 53 (of 117)

Best time in course: 1:13:37

Rank in category: 31(of 55)

Best time in the category: 1:17:50

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1	-	12:34	-	34	4:00	71	4:20	-	12:34	-	34	4:00	71	4:20
2	-	16:58	-	28	4:12	52	4:49	-	29:32	-	33	8:08	62	9:07
3	-	4:05	-	24	1:05	46	1:13	-	33:37	-	32	9:13	59	10:20
4	-	11:50	-	25	2:45	45	3:12	-	45:27	-	31	11:58	57	13:30
5	-	6:38	-	27	1:35	48	1:49	-	52:05	-	31	13:33	55	15:19
1	-	11:14	-	26	2:46	46	3:24	-	1:03:19	-	31	16:19	53	18:43
2	-	17:46	-	31	4:35	55	5:26	-	1:21:05	-	32	20:54	56	24:09
3	-	4:10	-	31	1:04	53	1:14	-	1:25:15	-	32	21:58	55	25:23
4	-	12:11	-	29	2:49	55	3:33	-	1:37:26	-	31	24:47	53	28:56
Finish	-	7:04	-	37	1:53	69	2:03	20.10	1:44:30	-	31	26:40	53	30:53