



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Valdis Čunka

Club: Vichy
Number: 380

Course: 20.10 km
Sporta distance

Category:
V2-Sporta distance

Total time: 1:44:33

Speed: 11.54 km/h
Running performance: 5.20 min/km

Rank in course/Total: 60 (of 157)

Rank in course/Men: 54 (of 117)

Best time in course: 1:13:37

Rank in category: 32(of 55)

Best time in the category: 1:17:50

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1	-	10:44	-	19	2:10	34	2:30	-	10:44	-	19	2:10	34	2:30
2	-	17:27	-	32	4:41	60	5:18	-	28:11	-	25	6:47	47	7:46
3	-	4:09	-	28	1:09	52	1:17	-	32:20	-	25	7:56	47	9:03
4	-	12:05	-	31	3:00	54	3:27	-	44:25	-	25	10:56	47	12:28
5	-	6:58	-	32	1:55	60	2:09	-	51:23	-	27	12:51	50	14:37
1	-	11:58	-	35	3:30	66	4:08	-	1:03:21	-	32	16:21	54	18:45
2	-	18:12	-	35	5:01	68	5:52	-	1:21:33	-	33	21:22	57	24:37
3	-	4:06	-	28	1:00	47	1:10	-	1:25:39	-	33	22:22	57	25:47
4	-	12:07	-	26	2:45	50	3:29	-	1:37:46	-	33	25:07	55	29:16
Finish	-	6:47	-	30	1:36	55	1:46	20.10	1:44:33	-	32	26:43	54	30:56