



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Konstantīns Grišulis

Number: 385

Course: 20.10 km

Sporta distance

Category:

V2-Sporta distance

Total time: 1:47:02

Speed: 11.27 km/h

Running performance: 5.33 min/km

Rank in course/Total: 74 (of 157)

Rank in course/Men: 66 (of 117)

Best time in course: 1:13:37

Rank in category: 34(of 55)

Best time in the category: 1:17:50

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1	-	9:52	-	12	1:18	23	1:38	-	9:52	-	12	1:18	23	1:38
2	-	15:03	-	11	2:17	21	2:54	-	24:55	-	11	3:31	21	4:30
3	-	3:46	-	15	0:46	29	0:54	-	28:41	-	11	4:17	21	5:24
4	-	12:13	-	32	3:08	57	3:35	-	40:54	-	16	7:25	30	8:57
5	-	6:16	-	16	1:13	29	1:27	-	47:10	-	17	8:38	31	10:24
1	-	11:21	-	28	2:53	48	3:31	-	58:31	-	17	11:31	32	13:55
2	-	19:20	-	43	6:09	82	7:00	-	1:17:51	-	23	17:40	39	20:55
3	-	4:31	-	41	1:25	77	1:35	-	1:22:22	-	24	19:05	41	22:30
4	-	15:19	-	50	5:57	101	6:41	-	1:37:41	-	32	25:02	54	29:11
Finish	-	9:21	-	52	4:10	108	4:20	20.10	1:47:02	-	34	29:12	66	33:25