



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Matīss Siliņš

Number: 410

Course: 20.10 km
Sporta distance

Category:
V2-Sporta distance

Total time: 1:48:16

Speed: 11.14 km/h

Running performance: 5.39 min/km

Rank in course/Total: 77 (of 157)

Rank in course/Men: 68 (of 117)

Best time in course: 1:13:37

Rank in category: 35(of 55)

Best time in the category: 1:17:50

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1	-	12:35	-	35	4:01	72	4:21	-	12:35	-	35	4:01	72	4:21
2	-	17:14	-	29	4:28	55	5:05	-	29:49	-	34	8:25	64	9:24
3	-	4:30	-	39	1:30	73	1:38	-	34:19	-	34	9:55	64	11:02
4	-	12:17	-	33	3:12	60	3:39	-	46:36	-	34	13:07	65	14:39
5	-	7:06	-	34	2:03	66	2:17	-	53:42	-	34	15:10	65	16:56
1	-	12:00	-	36	3:32	67	4:10	-	1:05:42	-	35	18:42	66	21:06
2	-	17:59	-	34	4:48	63	5:39	-	1:23:41	-	35	23:30	66	26:45
3	-	4:12	-	33	1:06	58	1:16	-	1:27:53	-	35	24:36	66	28:01
4	-	13:03	-	38	3:41	76	4:25	-	1:40:56	-	35	28:17	68	32:26
Finish	-	7:20	-	40	2:09	78	2:19	20.10	1:48:16	-	35	30:26	68	34:39