



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Igors Senko

Club: VSK Noskrien Liepāja
Number: 408

Course: 20.10 km
Sporta distance

Category:
V2-Sporta distance

Total time: 1:51:31

Speed: 10.81 km/h
Running performance: 5.55 min/km

Rank in course/Total: 86 (of 157)

Rank in course/Men: 75 (of 117)

Best time in course: 1:13:37

Rank in category: 37(of 55)

Best time in the category: 1:17:50

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1	-	14:05	-	42	5:31	86	5:51	-	14:05	-	42	5:31	86	5:51
2	-	17:23	-	31	4:37	58	5:14	-	31:28	-	37	10:04	76	11:03
3	-	4:31	-	40	1:31	74	1:39	-	35:59	-	37	11:35	77	12:42
4	-	12:40	-	35	3:35	69	4:02	-	48:39	-	36	15:10	75	16:42
5	-	7:05	-	33	2:02	65	2:16	-	55:44	-	36	17:12	74	18:58
1	-	11:53	-	34	3:25	65	4:03	-	1:07:37	-	36	20:37	72	23:01
2	-	17:46	-	31	4:35	55	5:26	-	1:25:23	-	36	25:12	72	28:27
3	-	4:35	-	42	1:29	81	1:39	-	1:29:58	-	36	26:41	71	30:06
4	-	13:31	-	42	4:09	82	4:53	-	1:43:29	-	37	30:50	75	34:59
Finish	-	8:02	-	47	2:51	92	3:01	20.10	1:51:31	-	37	33:41	75	37:54