



LMP Noskrien ziemu 1.posms SĒJĀ  
SĒJĀ / 17.12.2017

Detailed evaluation

Māris Lūsis

Club: Skrienošie Lūši  
Number: 399

Course: 20.10 km  
Sporta distance

Category:  
V2-Sporta distance

Total time: 1:52:19

Speed: 10.74 km/h  
Running performance: 5.59 min/km

Rank in course/Total: 87 (of 157)

Rank in course/Men: 76 (of 117)

Best time in course: 1:13:37

Rank in category: 38(of 55)

Best time in the category: 1:17:50

Intermediate times								Stage score				Total ranking			
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
1	-	13:22	-	38	4:48	78	5:08	-	13:22	-	38	4:48	78	5:08	
2	-	18:58	-	41	6:12	84	6:49	-	32:20	-	41	10:56	81	11:55	
3	-	4:28	-	37	1:28	69	1:36	-	36:48	-	41	12:24	81	13:31	
4	-	12:54	-	37	3:49	76	4:16	-	49:42	-	40	16:13	79	17:45	
5	-	7:27	-	41	2:24	84	2:38	-	57:09	-	40	18:37	80	20:23	
1	-	12:41	-	40	4:13	79	4:51	-	1:09:50	-	41	22:50	80	25:14	
2	-	18:50	-	40	5:39	78	6:30	-	1:28:40	-	40	28:29	78	31:44	
3	-	4:19	-	36	1:13	66	1:23	-	1:32:59	-	40	29:42	78	33:07	
4	-	12:31	-	36	3:09	68	3:53	-	1:45:30	-	38	32:51	76	37:00	
Finish	-	6:49	-	32	1:38	57	1:48	20.10	1:52:19	-	38	34:29	76	38:42	