



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Artūrs Šits

Club: TeamKažemāka/Train2Win
Number: 415

Course: 20.10 km
Sporta distance

Category:
V2-Sporta distance

Total time: 1:53:58

Speed: 10.58 km/h
Running performance: 5.67 min/km

Rank in course/Total: 93 (of 157)

Rank in course/Men: 78 (of 117)

Best time in course: 1:13:37

Rank in category: 40(of 55)

Best time in the category: 1:17:50

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1	-	14:43	-	49	6:09	97	6:29	-	14:43	-	49	6:09	97	6:29
2	-	19:25	-	46	6:39	91	7:16	-	34:08	-	47	12:44	94	13:43
3	-	4:41	-	42	1:41	81	1:49	-	38:49	-	47	14:25	94	15:32
4	-	13:44	-	43	4:39	87	5:06	-	52:33	-	46	19:04	90	20:36
5	-	7:42	-	43	2:39	89	2:53	-	1:00:15	-	45	21:43	88	23:29
1	-	12:22	-	38	3:54	75	4:32	-	1:12:37	-	44	25:37	87	28:01
2	-	18:33	-	39	5:22	75	6:13	-	1:31:10	-	44	30:59	84	34:14
3	-	4:11	-	32	1:05	54	1:15	-	1:35:21	-	43	32:04	83	35:29
4	-	12:08	-	27	2:46	53	3:30	-	1:47:29	-	41	34:50	79	38:59
Finish	-	6:29	-	23	1:18	42	1:28	20.10	1:53:58	-	40	36:08	78	40:21