



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Juris Dzērve

Number: 381

Course: 20.10 km
Sporta distance

Category:
V2-Sporta distance

Total time: 1:56:09

Speed: 10.38 km/h

Running performance: 5.78 min/km

Rank in course/Total: 102 (of 157)

Rank in course/Men: 85 (of 117)

Best time in course: 1:13:37

Rank in category: 44(of 55)

Best time in the category: 1:17:50

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1	-	15:18	-	52	6:44	110	7:04	-	15:18	-	52	6:44	110	7:04
2	-	18:58	-	41	6:12	84	6:49	-	34:16	-	48	12:52	98	13:51
3	-	4:47	-	44	1:47	89	1:55	-	39:03	-	48	14:39	98	15:46
4	-	13:21	-	40	4:16	80	4:43	-	52:24	-	43	18:55	87	20:27
5	-	7:22	-	38	2:19	77	2:33	-	59:46	-	42	21:14	85	23:00
1	-	12:19	-	37	3:51	73	4:29	-	1:12:05	-	43	25:05	83	27:29
2	-	19:00	-	42	5:49	80	6:40	-	1:31:05	-	43	30:54	83	34:09
3	-	4:26	-	39	1:20	73	1:30	-	1:35:31	-	44	32:14	84	35:39
4	-	13:04	-	39	3:42	77	4:26	-	1:48:35	-	44	35:56	84	40:05
Finish	-	7:34	-	42	2:23	82	2:33	20.10	1:56:09	-	44	38:19	85	42:32