



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Elīna Zvilne

Club: Virsotne/Marmot
Number: 826

Course: 10.00 km
Tautas distance

Category:
S1-Tautas distance

Total time: 59:03

Speed: 10.16 km/h
Running performance: 5.91 min/km

Rank in course/Total: 133 (of 256)

Rank in course/Women: 31 (of 116)

Best time in course: 42:28

Rank in category: 18(of 42)

Best time in the category: 42:28

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
1	-	13:29	-	21	4:42	40	4:42	-	13:29	-	21	4:42	40	4:42
2	-	19:07	-	16	4:39	24	4:39	-	32:36	-	17	9:21	29	9:21
3	-	4:40	-	16	1:07	25	1:07	-	37:16	-	17	10:28	28	10:28
4	-	14:02	-	20	3:51	34	3:51	-	51:18	-	18	14:19	31	14:19
Finish	-	7:45	-	20	2:16	35	2:16	10.00	59:03	-	18	16:35	31	16:35