



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Vitālijs Jakovļevs

Club: www.endo.lv

Number: 387

Course: 20.10 km

Sporta distance

Category:

V2-Sporta distance

Total time: 2:31:22

Speed: 7.93 km/h

Running performance: 7.53 min/km

Rank in course/Total: 149 (of 157)

Rank in course/Men: 113 (of 117)

Best time in course: 1:13:37

Rank in category: 54(of 55)

Best time in the category: 1:17:50

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1	-	16:36	-	55	8:02	117	8:22	-	16:36	-	55	8:02	117	8:22
2	-	21:22	-	54	8:36	115	9:13	-	37:58	-	55	16:34	116	17:33
3	-	4:59	-	53	1:59	105	2:07	-	42:57	-	55	18:33	116	19:40
4	-	15:29	-	53	6:24	113	6:51	-	58:26	-	54	24:57	115	26:29
5	-	8:28	-	51	3:25	110	3:39	-	1:06:54	-	54	28:22	114	30:08
1	-	24:21	-	55	15:53	116	16:31	-	1:31:15	-	55	44:15	116	46:39
2	-	26:31	-	55	13:20	115	14:11	-	1:57:46	-	55	57:35	116	1:00:50
3	-	6:26	-	54	3:20	115	3:30	-	2:04:12	-	55	1:00:55	116	1:04:20
4	-	18:05	-	52	8:43	109	9:27	-	2:22:17	-	55	1:09:38	116	1:13:47
Finish	-	9:05	-	50	3:54	106	4:04	20.10	2:31:22	-	54	1:13:32	113	1:17:45