



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Agris Samcovs

Club: SPORTLAND

Number: 211

Course: 10.00 km

Tautas distance

Category:

V2-Tautas distance

Total time: 44:20

Speed: 13.53 km/h

Running performance: 4.43 min/km

Rank in course/Total: 16 (of 256)

Rank in course/Men: 15 (of 140)

Best time in course: 37:16

Rank in category: 8(of 54)

Best time in the category: 37:16

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1	-	9:44	-	12	1:49	27	1:49	-	9:44	-	12	1:49	27	1:49
2	-	14:50	-	7	2:01	15	2:08	-	24:34	-	8	3:50	16	3:50
3	-	3:38	-	11	0:26	19	0:30	-	28:12	-	8	4:16	17	4:16
4	-	10:28	-	9	1:40	17	1:40	-	38:40	-	8	5:56	15	5:56
Finish	-	5:40	-	10	1:08	17	1:08	10.00	44:20	-	8	7:04	15	7:04