



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Mareks Zālītis

Club: VSK Noskrien
Number: 220

Course: 10.00 km
Tautas distance

Category:
V2-Tautas distance

Total time: 44:20

Speed: 13.53 km/h
Running performance: 4.43 min/km

Rank in course/Total: 17 (of 256)

Rank in course/Men: 15 (of 140)

Best time in course: 37:16

Rank in category: 8(of 54)

Best time in the category: 37:16

Intermediate times						Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
1	-	9:41	-	10	1:46	25	1:46	-	9:41	-	10	1:46	25	1:46	
2	-	15:02	-	10	2:13	19	2:20	-	24:43	-	10	3:59	22	3:59	
3	-	3:32	-	5	0:20	13	0:24	-	28:15	-	9	4:19	18	4:19	
4	-	10:32	-	12	1:44	21	1:44	-	38:47	-	10	6:03	17	6:03	
Finish	-	5:33	-	6	1:01	12	1:01	10.00	44:20	-	8	7:04	15	7:04	