



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Valts Laicāns

Club: Sporta klubs Wendi
Number: 192

Course: 10.00 km
Tautas distance

Category:
V2-Tautas distance

Total time: 45:06

Speed: 13.30 km/h
Running performance: 4.51 min/km

Rank in course/Total: 24 (of 256)

Rank in course/Men: 23 (of 140)

Best time in course: 37:16

Rank in category: 12(of 54)

Best time in the category: 37:16

Intermediate times						Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
1	-	9:29	-	7	1:34	19	1:34	-	9:29	-	7	1:34	19	1:34	
2	-	15:16	-	12	2:27	22	2:34	-	24:45	-	12	4:01	24	4:01	
3	-	3:42	-	14	0:30	27	0:34	-	28:27	-	12	4:31	24	4:31	
4	-	10:39	-	15	1:51	27	1:51	-	39:06	-	12	6:22	22	6:22	
Finish	-	6:00	-	16	1:28	33	1:28	10.00	45:06	-	12	7:50	23	7:50	