



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Gatis Ruļuks

Total time: 46:55

Number: 210

Speed: 12.79 km/h

Running performance: 4.69 min/km

Course: 10.00 km

Rank in course/Total: 40 (of 256)

Tautas distance

Rank in course/Men: 37 (of 140)

Best time in course: 37:16

Category:

Rank in category: 19(of 54)

V2-Tautas distance

Best time in the category: 37:16

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1	-	10:41	-	21	2:46	49	2:46	-	10:41	-	21	2:46	49	2:46
2	-	15:42	-	15	2:53	29	3:00	-	26:23	-	18	5:39	41	5:39
3	-	3:44	-	16	0:32	31	0:36	-	30:07	-	18	6:11	41	6:11
4	-	10:45	-	17	1:57	29	1:57	-	40:52	-	19	8:08	38	8:08
Finish	-	6:03	-	17	1:31	35	1:31	10.00	46:55	-	19	9:39	37	9:39