



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Aivars Braučš-Jusupovs

Club: SPORTLAND

Number: 171

Course: 10.00 km

Tautas distance

Category:

V2-Tautas distance

Total time: 47:36

Speed: 12.61 km/h

Running performance: 4.76 min/km

Rank in course/Total: 45 (of 256)

Rank in course/Men: 41 (of 140)

Best time in course: 37:16

Rank in category: 20(of 54)

Best time in the category: 37:16

Intermediate times						Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
1	-	10:36	-	20	2:41	48	2:41	-	10:36	-	20	2:41	48	2:41	
2	-	16:06	-	20	3:17	44	3:24	-	26:42	-	19	5:58	43	5:58	
3	-	3:39	-	12	0:27	20	0:31	-	30:21	-	19	6:25	43	6:25	
4	-	11:05	-	20	2:17	39	2:17	-	41:26	-	20	8:42	41	8:42	
Finish	-	6:10	-	20	1:38	40	1:38	10.00	47:36	-	20	10:20	41	10:20	