



LMP Noskrien ziemu 1.posms SĒJĀ

SĒJĀ / 17.12.2017

Detailed evaluation

Lauris Veidemanis

Club: Pavasars

Number: 214

Course: 10.00 km

Tautas distance

Category:

V2-Tautas distance

Total time: 53:14

Speed: 11.27 km/h

Running performance: 5.32 min/km

Rank in course/Total: 86 (of 256)

Rank in course/Men: 72 (of 140)

Best time in course: 37:16

Rank in category: 30(of 54)

Best time in the category: 37:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1	-	10:47	-	22	2:52	51	2:52	-	10:47	-	22	2:52	51	2:52
2	-	18:38	-	35	5:49	91	5:56	-	29:25	-	28	8:41	71	8:41
3	-	4:14	-	29	1:02	72	1:06	-	33:39	-	28	9:43	71	9:43
4	-	12:43	-	35	3:55	81	3:55	-	46:22	-	31	13:38	74	13:38
Finish	-	6:52	-	31	2:20	70	2:20	10.00	53:14	-	30	15:58	72	15:58