



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Aivars Fogelis

Number: 176

Course: 10.00 km

Tautas distance

Category:

V2-Tautas distance

Total time: 53:57

Speed: 11.12 km/h

Running performance: 5.40 min/km

Rank in course/Total: 91 (of 256)

Rank in course/Men: 75 (of 140)

Best time in course: 37:16

Rank in category: 32(of 54)

Best time in the category: 37:16

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1	-	13:45	-	43	5:50	109	5:50	-	13:45	-	43	5:50	109	5:50
2	-	17:15	-	25	4:26	61	4:33	-	31:00	-	37	10:16	88	10:16
3	-	4:15	-	30	1:03	73	1:07	-	35:15	-	37	11:19	88	11:19
4	-	12:08	-	26	3:20	60	3:20	-	47:23	-	32	14:39	77	14:39
Finish	-	6:34	-	26	2:02	58	2:02	10.00	53:57	-	32	16:41	75	16:41