



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Intars Ieviņš

Club: GM grupa
Number: 817

Course: 10.00 km
Tautas distance

Category:
V2-Tautas distance

Total time: 1:06:05

Speed: 9.08 km/h
Running performance: 6.61 min/km

Rank in course/Total: 183 (of 256)

Rank in course/Men: 120 (of 140)

Best time in course: 37:16

Rank in category: 46(of 54)

Best time in the category: 37:16

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1	-	13:13	-	41	5:18	102	5:18	-	13:13	-	41	5:18	102	5:18
2	-	22:25	-	50	9:36	127	9:43	-	35:38	-	46	14:54	120	14:54
3	-	5:25	-	47	2:13	123	2:17	-	41:03	-	46	17:07	120	17:07
4	-	16:19	-	50	7:31	125	7:31	-	57:22	-	45	24:38	117	24:38
Finish	-	8:43	-	48	4:11	123	4:11	10.00	1:06:05	-	46	28:49	120	28:49