



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Gunars Grundstoks

Club: VSK Noskrien
Number: 179

Course: 10.00 km
Tautas distance

Category:
V2-Tautas distance

Total time: 1:08:14

Speed: 8.79 km/h
Running performance: 6.82 min/km

Rank in course/Total: 201 (of 256)

Rank in course/Men: 127 (of 140)

Best time in course: 37:16

Rank in category: 50(of 54)

Best time in the category: 37:16

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1	-	12:44	-	39	4:49	94	4:49	-	12:44	-	39	4:49	94	4:49
2	-	21:24	-	46	8:35	121	8:42	-	34:08	-	43	13:24	109	13:24
3	-	5:43	-	50	2:31	130	2:35	-	39:51	-	43	15:55	111	15:55
4	-	18:38	-	53	9:50	132	9:50	-	58:29	-	48	25:45	120	25:45
Finish	-	9:45	-	53	5:13	132	5:13	10.00	1:08:14	-	50	30:58	127	30:58